



KARUSHA

Business Coach

COACHING QUALIFICATIONS

QUALIFIED SA BUSINESS COACH

02 Aug 2023

OTHER QUALIFICATIONS

Master of Dental Science MSc (Orthodontics)

31 May 2022

Postgraduate Diploma in Dentistry PDD (Interceptive Dentistry)

31 Dec 2013

Postgraduate Diploma in Dentistry DipOdont (Oral Surgery)

31 Dec 2008

Bachelor of Dentistry BChD

31 Dec 2006

COACHING SPECIALTIES

- Empowering health professionals with business fundamentals
- Helping health professionals become more effective and profitable leaders
- Career strategies and planning from graduation to retirement
- Helping health professionals avoid burnout and overwhelm

COACHING PASSION

Following a full-time career as a clinical dentist, I found myself becoming increasingly interested in the business & people management side of dental practice, as well as the well-being of the practice owner. Having been both an employee & employer, as well as developing systems and processes as part of my own private dental practice, I discovered a passion for systematising and optimising the running of health professional practices. In addition, I am passionate about helping small businesses build well-functioning and happy teams, which are the backbone of any successful small business. My mission is to help health professionals master the Art of Work/Life Integration, by becoming more effective, efficient and profitable small business leaders, leading to more career and life satisfaction as well as time and financial freedom.

WORK EXPERIENCE

The majority of my 16-year career has been spent in private dental practice, where I worked initially as a locum dentist in various demographic areas, before participating in the first official dental mentorship program in South Africa, after which I went on to start and run my own general dental practice. I have also spent time working at dental training institutions, where I discovered a love for teaching and sharing my clinical and private practice knowledge, skills and experience. I have done many short courses and programs on topics ranging from mindset and entrepreneurship to online business and marketing.

COACHING EXPERIENCE

- Helping practice owners create and implement marketing strategies, manage the team, and overcome mindset blocks and beliefs around money - Career strategy and planning, including diversifying career options and income streams, outside of the clinical space - Leadership skills for health professionals and tools to enhance the practitioner-patient relationship - Growing and scaling health practices and improving HR compliance. - Tools to manage stress and burnout - Coaching postgraduate students around time management, productivity, work/life balance



Successful Businesses use Business Coaches
QUALIFIED SA BUSINESS COACH

