



TARRYN *Business Coach*

COACHING QUALIFICATIONS

QUALIFIED SA Business Coach

09 Jun 2023

UCT Get Smarter Executive and Management Coaching

07 Sep 2021

Action Coach NLP Short Course

30 Apr 2014

OTHER QUALIFICATIONS

Btech HR CPUT

01 Mar 2005

Vinyasa Yoga Instructor

30 Sep 2020

COACHING SPECIALTIES

- Entrepreneurs
- Young Corporate Professionals
- Financial Funding for Entrepreneurs

COACHING PASSION

My passion is around coaching entrepreneurs who need a reflective space where ideas are generated and action plans put in place that achieve success. Part of my coaching plan will be focused on the financial aspects of your business. The value I will add is that you, as the entrepreneur, will have an opportunity to think objectively about your business not only from a S.W.O.T. analysis but also in a wholist business manner while being guided to gain powerful insights / create action plans to achieve goals. Secondly, I am focused on coaching young corporate individuals who want to build confidence and develop themselves as they progress through their career. I unpack with you to develop your confidence and or other developmental challenges you may have which may be holding you back.

WORK EXPERIENCE

I have a decade of experience within the unsecured lending space. I have met with business owners across industries in various stages of their business's growth. I have a BTech HR degree from CPUT which was completed in 2004 and I have completed various Business Coaching and Life Coaching courses since.

COACHING EXPERIENCE

I qualified as a business coach in 2023 and have been assisting individuals for the past 10 years. The benefit to my clients is that my business coaching practice is effective, compact and my current clients feel cared for and focused on. I focus my full attention on you my client and am able to provide you with valuable coaching sessions.