



THUTHULA

Business
Coach

COACHING QUALIFICATIONS

QUALIFIED SA Business Coach

22 Dec 2022

OTHER QUALIFICATIONS

MBChB

30 Dec 1986

MBA

31 Dec 2008

Fellow of College of Public Health Medicine

01 Dec 1999

COACHING SPECIALTIES

- Person Centred Executive Coaching
- Solutions focused
- Core competency and behaviour standard compliant

COACHING PASSION

I am an independently trained and qualified business coach with extensive experience in working both in the public and private sectors. My passion is to add value to people's lives by coaching them to their unique levels of personal mastery and potential. My focus is on women, especially in the mining sector. I subscribe to international coaching competencies which are embodied in the SA Business Coaches, ICF, and COMENSA principles for coaching.

WORK EXPERIENCE

I am a qualified medical doctor and public health medicine specialist with an MBA and Diploma in Occupational Health. I have a wealth of management experience that spans 30 years, 17 of which have been at a strategic level and 10 in the mining industry. I have gained experience in varied settings across the public and private sectors. My key strengths lie in strategic leadership and analysis, advocacy and lobbying, project and financial management and stakeholder management. I initially worked as a medical officer in Mthatha hospital and this was followed by a management position as the Medical Officer of Health in Mthatha municipality. I served as the Director SADC Health Coordinating Unit and Head of International Health Liaison at the National Department of Health. I worked as a Health Policy analyst at the DBSA and have been the Head of Health at the Minerals Council South Africa for the past fourteen (14) years. For the past three (3) years, I am responsible for the Women in Mining program at the Minerals Council.

COACHING EXPERIENCE

I have extensive coaching experience. I have coached fellow coaches and colleagues. I have coached individuals on resolving personal challenges, challenges with their studies, career progression, and improving effectiveness at work. I use the tried and tested SA Business Coaches Framework D.I.T.A.R. and methodology called B.O.P. amongst other approaches in my coaching and business coaching.



Successful Businesses use Business Coaches
QUALIFIED SA BUSINESS COACH



SMART TOOLS FOR SUCCESSFUL COACHES

